

**For generations,
people have
been attracted to
Midcoast Maine.**

They have been drawn by its beauty and abundant natural resources.

They are artists and accountants, doctors and deck-hands, fisherman and farmers.

While Midcoast Maine has maintained its beauty and resources over centuries of settlement, it is not immune from development and environmental pressures. Like other ecologically valuable regions, Midcoast Maine needs educated stewards – people who will take care of our natural resources and inspire others to do the same.



Midcoast Stewards



Sarah Gladu, Director of Education and Environmental Monitoring and naturalist for the Damariscotta River Association, has worked in Environmental Education for more than 25 years.

For more information or to apply:

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Fostering citizen
stewardship of Midcoast
Maine's natural resources



Offered by the
DAMARISCOTTA RIVER ASSOCIATION

What You'll Do

- Learn from local conservation professionals and discuss a broad range of current issues and topics of research
- Meet area residents who share an interest in the cultural and natural history of Midcoast Maine
- Discover a wide variety of volunteer opportunities through local conservation organizations
- Participate in outdoor field discovery learning programs with professionals



Coastal Geologist Pete Slovinsky from the Maine Geological Survey discusses beach evolution at Pemaquid Beach.

2017 Highlights

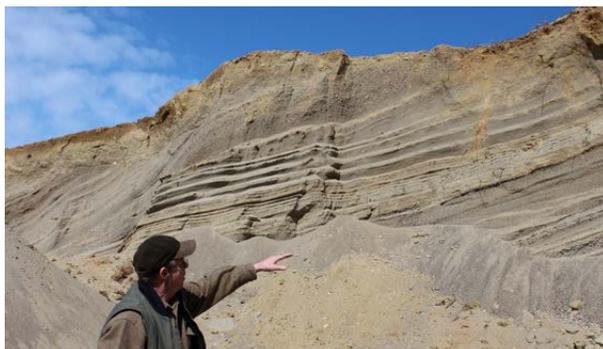
- Coastal ecology – visit forests, a beach and a bog
- Wabanaki history and culture
- Geologic history – travel to an active gravel pit
- Seabird restoration – take a tour of Audubon's Hog Island
- Lobster biology, lake function, estuarine habitats, birdwatching, sustainable fisheries management, and much more!



2015 Midcoast Stewards explore intertidal flora and fauna with Marine Geochemist Dr. Larry Mayer at the University of Maine Darling Marine Center.

Schedule & How to Apply

- **Dates:** April 11 through May 23
- **Time:** Tuesdays and Thursdays, 5:30 to 8:00pm, with some Saturday field trips (dates TBD), 9:00am to 3:00pm. 40 hours total.
- **Location:** DRA's Great Salt Bay Farm. Field trips range from Washington to South Bristol.
- **Application Form:** at damariscottariver.org/events-programs/midcoast-stewards or from DRA. A \$100 materials fee, payable to DRA, is due with the application. Scholarships are available.



Geologist Chris Covell points out layers of glacial sedimentation at an active gravel pit in Washington.

Goals of the Program

- Present an overview of the cultural and natural resources of Midcoast Maine
- Provide information on opportunities for individuals to protect and conserve their natural environment
- Give participants a voice in the decision-making that shapes the future of their coastal communities
- Create a network of knowledgeable and committed volunteers working together to conserve and protect the natural and cultural resources of Midcoast Maine



Birdwatching in Bremen with ornithologist Tom Arter.

Your Commitment

Upon conclusion of the course, participants commit to a minimum of 40 hours of volunteer service to the protection of Midcoast Maine's natural and cultural resources.

Past stewards have helped create organizations, assist with community planning, and share their skills. Some have developed their own service projects while others have volunteered with existing programs.